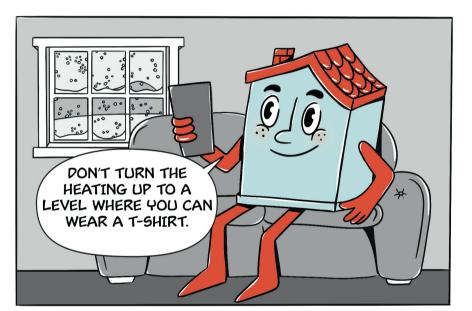
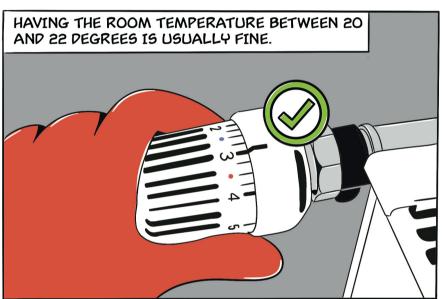
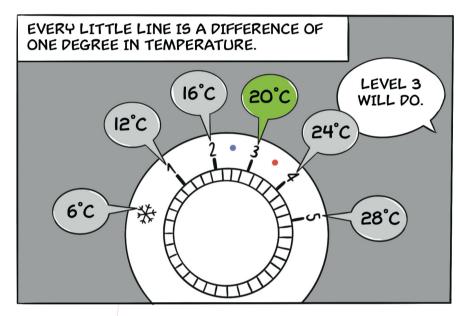
# The top 7 tips for saving energy

Energy is becoming increasingly expensive – that's why it makes more sense than ever to save it. Here are a few valuable tips that will help you save lots of money. And don't worry – we won't be asking you to freeze!

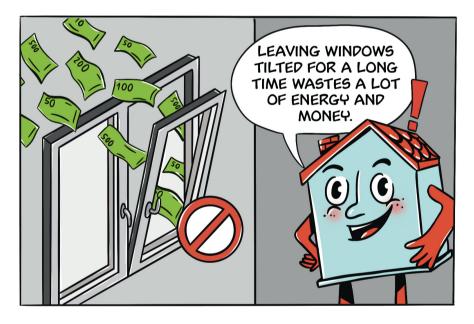
### 1. 20 to 22 degrees is enough

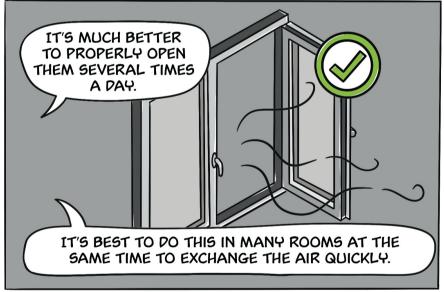


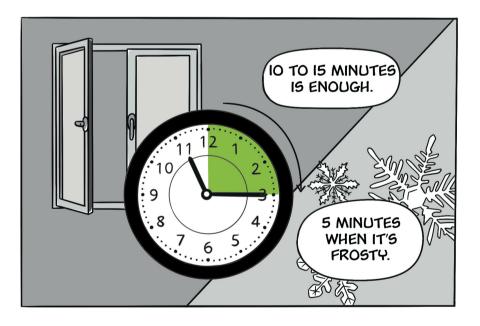




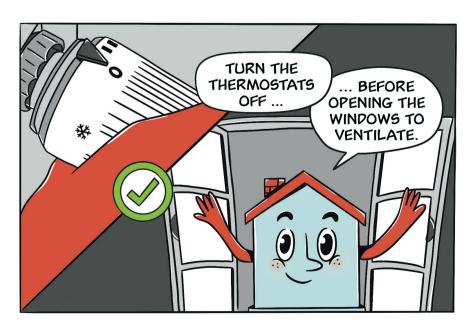
## 2. Regularly open the windows properly instead of tilting them

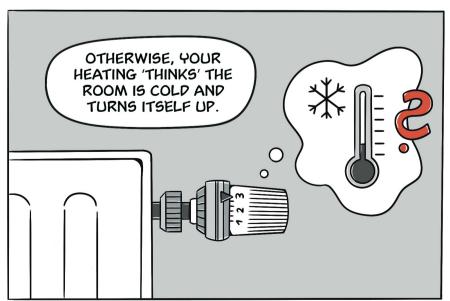


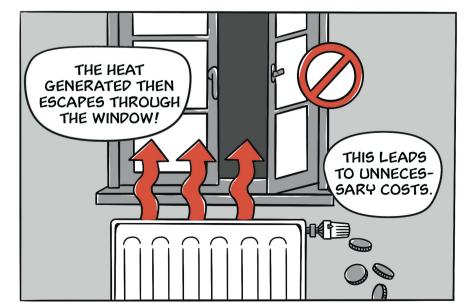




# 3. Turn the heating off before ventilating

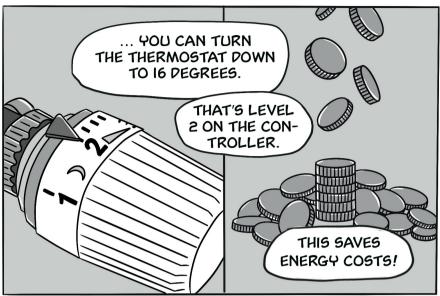


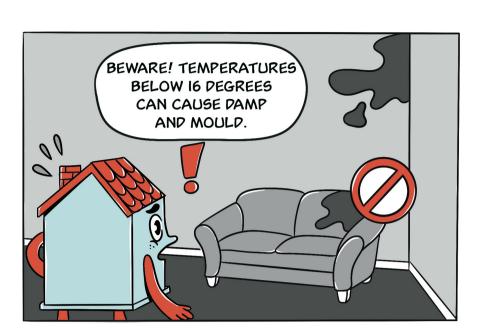




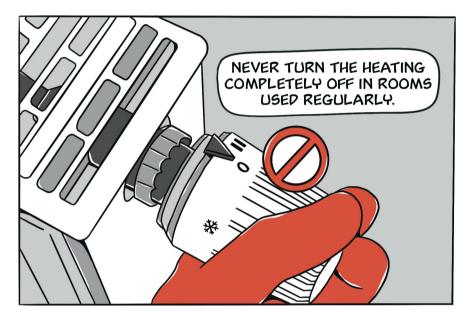
### 4. Turn the heating down at the right moment

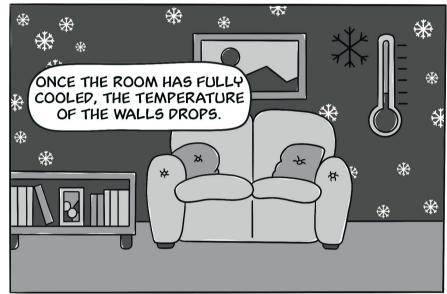


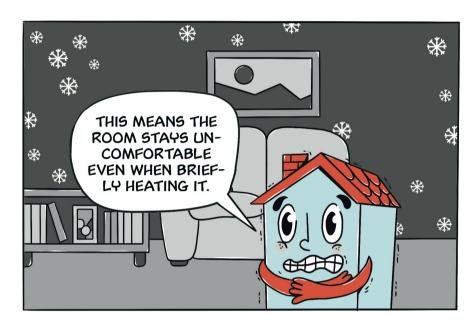




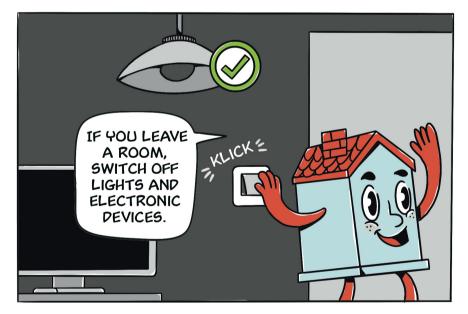
### 5. Never set radiators permanently to 0

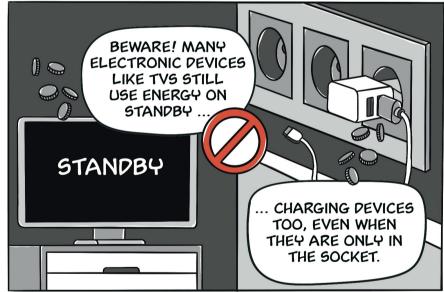


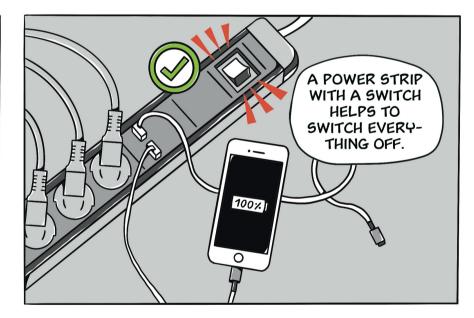




### 6. Switch off lights and devices







# 7. Know which appliances use a lot of energy

